

# AGENDA

Time	Activity	Location
9:00 - 9:15	<b>Welcome and Overview</b>	Conference Room
9:15 - 10:45	<b>Mentor Training Session</b>	Conference Room
10:45 - 11:00	Break	
11:00 - 12:00	<b>Applied Mentoring Experience</b> Bagged lunch provided	Gym
12:10 - 12:40	<b>Experiential Activities</b> Fitness sessions - choose one of three options	Breakout Rooms
12:40 - 1:00	<b>Thank You and Closing</b>	Conference Room